



WASHINGTON, D.C.

PACKING LIST

HELPFUL PACKING TIPS

- > Put your full name on all personal items.
- > Don't over pack! A common mistake is to take too many clothes, unnecessary toiletries, etc. You must be able to carry your own luggage. Usually one suitcase and a backpack are sufficient.
- > Be sure to follow the TSA restrictions on the amount of liquids or gels that can be packed in carry-on bags. You can bring a single 1- quart-sized zip-top clear plastic bag with 3.4-ounce bottles or less.
- > Don't forget that WorldStrides doesn't cover checked baggage fees. To avoid these fees, you may bring a carry-on suitcase and a backpack on the plane at no extra cost.
- > If traveling by air, adults (18 and over) must have a picture ID that matches the name on your airline ticket. Note state-issued driver's licenses must be REAL ID compliant beginning October 2020. Check TSA for details on accepted forms of ID.

WHAT TO BRING

- > Wind/waterproof jacket
- > Season-appropriate clothing (one set per day)
- > Sleepwear
- > Undergarments/socks
- > Walking/hiking shoes
- > Sandals/flip-flops for down time
- > Spending money (about \$50)
- > Hat (for sun protection)
- > Sunscreen
- > Insect repellent (wipes are recommended)
- > Sunglasses
- > Cell phone and charger
- > Picture ID (if applicable)
- > Toiletries
- > Small backpack or daypack
- > Plastic water bottle that fits in pack
- > Pen or pencil

OPTIONAL ITEMS

- > Dramamine pills
- > Snacks for plane ride
- > Postcard stamps

